Lifting and Repositioning

Joerns
Prevent®

A Clean Transfer: Improving bathing safety, dignity and comfort

Transferring into and out of a bath or shower can be concerning for residents and their caregivers. Wet, slippery surfaces can increase fall risk and cause anxiety, while the bathing process can jeopardize a resident's dignity and comfort. With the proper equipment, caregivers can improve bathing activities for residents and even promote their safety.

Ceiling Lifts: Improving safety and comfort

Optimal for residents who:

- Cannot stand/transfer
- Are not secure on their feet
- Are anxious about falling
- Become uncomfortably cold when bath water is draining

Ceiling lifts installed in bathing areas are often ideal. They eliminate the requirement for residents to stand on their own, minimizing the risk of sliding on a slick surface and the anxiety of slipping.

They can transfer a resident from a wheelchair or chair into the bathtub with ease, and are even excellent for tubs with doors, as tubs require draining before the doors can be opened, allowing residents to get uncomfortably cold in the interim. Ceiling lifts like the Hoyer® Elara™, which lift residents out of the bath water, enable caregivers to immediately wrap dry towels around residents, greatly improving their comfort and satisfaction.

Mesh slings are also recommended as they can provide rapid draining and drying.

Ceiling lifts are perfect for tight spaces, and a variety of track and accessory design solutions can be customized to fit any setting. As an added benefit, the sturdy appearance of a ceiling lift affixed to the building's structure can bring residents comfort and ease.

Active Lifts: Encouraging dignity and mobility

Optimal for residents who:

- Need assistance transferring
- Want to prolong mobility and independence
- Desire discretion

For residents who have some trunk and leg control, active lifts like the Hoyer® Elevate® can improve residents' dignity and comfort, and encourage or prolong mobility and independence with activities of daily living. Instead of wheeling residents to the bathing suite with a covering, caregivers can transport them fully clothed. The electronic lift can then help the resident lift himself to a standing position, enabling the caregiver to undress the resident and easily move the lift to a shower chair for bathing. With the resident's feet on the lift's foot plate during the transfer, residents will not have the opportunity to slip on a wet floor.

Limb Slings and Twin Turners: Improving caregiver safety and efficiency during bed baths

Necessary for residents who:

- Cannot be transferred to the bathing area

When a resident requires a bed bath, a floor or ceiling lift and the proper slings can help caregivers position the resident on the bed so all areas of the body are accessible for bathing. Limb slings can help caregivers wash underarms and legs, and a twin turner sling turns or rolls a resident so caregivers can easily cleanse the resident's back and buttocks.

Because this equipment reduces caregiver strain and the need to bear the resident's weight, it reduces the risk of caregiver injury. With lifts and slings doing much of the work, fewer caregivers may be needed for the bathing process, facilitating the provision of appropriate staffing levels. Use of the equipment also avoids excessive manual manipulation, reducing the resident's risk of skin injury and making bathing a more comfortable and dignified experience.

Joerns Healthcare can provide products and insights to help improve your safe patient handling program. We also offer Safe Patient Handling Services, a comprehensive program that is part of Prevent®—Joerns' portfolio of professional services. Safe Patient Handling Services is designed to help you improve safety for your residents and staff, and thereby address injury rates and their associated costs.

For more information on safe patient handling, contact your Joerns Healthcare representative or call 800.826.0270 and ask to speak with a safe patient handling representative.