



THE POWER
TO SIMPLIFY

FALLS MANAGEMENT
PATIENT HANDLING & MOBILITY

STEPS YOU CAN TAKE FOR FALLS MANAGEMENT

EXECUTIVE SUMMARY

- ⌚ A bed system that is both low (7") and wide (42") significantly reduces both the risk of a fall and injury from fall
- ⌚ Appropriate bed systems are the centerpiece for any patient handling and mobility program
- ⌚ Lifts designed in unison with bed systems encourage utilization

The good news is that many falls can be prevented and your facility can develop or enhance an already existing evidence-based falls management program for safety and patient health.

An important part of falls management is the use of patient handling devices that meet your needs – bed system (frame + surface) and lifts. Over the years, Joerns Healthcare has led the industry with innovations designed to create the safest possible outcome for patients and nurses, and our portfolio offers solutions for virtually all patient scenarios.

1. SELECTING THE RIGHT BED SYSTEM (FRAME + SURFACE)



With approximately half of falls occurring around the bed¹, your facility may want to evaluate bed frames with:

- Expanded width
- Electronic controls that position the bed at proper ingress/egress height
- Ergonomically mounted side assist devices for ingress/egress
- Low height sleep position

[!\[\]\(4b7a79268f6ba26c1471d4232fffa85a_img.jpg\) LEARN ABOUT JOERNS' ULTRACARE® XT BED FRAMES](#)

The right support surface may also be valuable in preventing falls. Consider mattresses with:

- Firm perimeters to assist with ingress/egress
- Raised perimeters that gently remind patients of the bed edges
- Comfortable surfaces to promote sleep and reduce restlessness

[!\[\]\(4f6bf54ae7e4144a72d78316053e412d_img.jpg\) LEARN ABOUT JOERNS' PREVAMATT® SERIES](#)

50-75%

OF NURSING HOME RESIDENTS FALL ANNUALLY²

30%

OF RESIDENTS EXPERIENCE FALLS WITHIN THE FIRST 48 HOURS OF ADMITTANCE³

\$131k

AVERAGE SETTLEMENT COST OF A FALL-RELATED LAWSUIT⁴

2. PATIENT LIFTS ARE VITAL

Patient lifts are also an important component of falls management. They can safely support patients during:

- Transfers
- Repositioning
- Rehabilitation and gait training

[!\[\]\(6059a5aa8b4ca7bb793408023d6c6e42_img.jpg\) LEARN ABOUT JOERNS' HOYER® ELEVATE®](#)

[!\[\]\(c50c8b7b2cc2cf9ff925edec0ee94c0d_img.jpg\) LEARN ABOUT JOERNS' HOYER® PRESENCE®](#)



3. CLINICAL EDUCATION FOR STAFF



Clinical education is a part of a falls management program. We have credentialed clinicians available 24/7 and can provide hands-on education including:

- Full clinical implementation support
- On-site local and regional educational programs
- Online and video education
- Customized clinical decision making tools

[!\[\]\(235bfe13ebf007ce2eea9e689707fac7_img.jpg\) LEARN ABOUT JOERNS' CLINICAL EDUCATION](#)

ADDITIONAL STEPS FOR FALLS MANAGEMENT

Below are links to resources created by the National Council on Aging to help you promote a safer environment.

[!\[\]\(166772600a13ad0a433053f90fe45649_img.jpg\) DEBUNKING THE MYTHS OF OLDER ADULT FALLS](#)

[!\[\]\(291e070cef6c4d5e78fefe4696ef53be_img.jpg\) 6 STEPS TO PROTECT YOUR OLDER LOVED ONE FROM A FALL](#)

Contact Joerns Healthcare for tailored solutions designed to manage falls and meet your facility's needs.

 **800.826.0270**

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REFERENCES

1. Tideisaar 2008
2. Rubenstein LZ. Preventing falls in the nursing home. Journal of the American Medical Association 1997;278(7):595-6.
3. Rubenstein LZ, Josephson KR, Robbins AS. Falls in the nursing home. Annals of Internal Medicine 1994;121:442-51.
4. Long-Term Care Administration and Management: Effective Practices and ...By Darlene Yee-Melichar, EdD, Cristina Flores, PhD, RN, Edwin Cabigao, PhD, RN